



20-23 MAY, 2026

**Bold Ideas. Big Systems.
One Health**



THE PROGRAM

Four Days. Four Lenses. One System.

The Milan Longevity Summit 2026 is designed as a journey across systems.

Longevity is not only about living longer, it is the result of how well our systems function over time: health, food, cities, capital, technology, and society.

Over four days, the program moves from understanding today's challenges to shaping the systems of tomorrow:

Day 1: Orientation & Common Ground

Where we are, and why change is needed

Day 2: Redesigning Systems

New frameworks, incentives, and models

Day 3: Scaling the Systems

Infrastructure for real-world transformation

Day 4: The Future We Want

Long-term visions, values, and next generations

HOW TO NAVIGATE

Sessions are organized across four color-coded stages.

Follow one track, or move across them to build your own journey.

PROSPERITY

Policy, governance, economy and capital

Economic systems, public policy, and financial models.
Designing the conditions for long-term wellbeing.

VITALITY

Innovation & market transformation

Startups, industry, and investment.
Scaling solutions across twelve interconnected sectors.

HUMANITY

People, culture and society

Mental health, education, creativity, and social systems.
Exploring how we live, work, and connect.

LONGEVITY

The foundations of health, science and research

Research, biology, and clinical insights shaping longevity and healthspan.
From discovery to real-world application.

BUILD YOUR PATH

There is no single way to experience the Summit.

Move across stages. Follow connections.

The most valuable insights happen at the intersections.

One Health is not one discipline; it's how everything works together.

Select your day and stage colour to jump straight to the program

DAY 1

DAY 2

DAY 3

DAY 4





20 MAY

**Orientation & Common Ground:
Understanding the System We Are Transforming**



Allianz MiCo



9:30 - 10:50 OPENING

The opening event featuring institutions, and special guests



11:00-11:50 KEYNOTE

The One Health Economy: A Global Diagnosis

John Fullerton, President, The Capital Institute, USA

Chaired by **Alessandra Perrazzelli**, Scientific Director, Center for Digital Regulation Strategy, Politecnico University of Milan, Italy

ECONOMY, FINANCE & INVESTMENTS



12:00-13:15 FIRESIDE & SALON

Financial Longevity for Future Sustainability

Financial Institutions: Designing for Lifetime Financial Resilience

Romualdo Guidi, Head of Product and Services, Fineco Bank

Chaired by **Alessandra Perrazzelli**, Scientific Director, Center for Digital Regulation Strategy, Politecnico University of Milan

ECONOMY, FINANCE & INVESTMENTS

Public Systems & Policy: Rethinking Financial Security for Longer Lives

Paul Ladd, Sustainable Development and Population Division, United Nations Economic Commission for Europe - UNECE

Stefania Lenoci, Resident Representative Italy & Special Envoy for S. Europe, World Bank Chair, TBA

ECONOMY, FINANCE & INVESTMENTS



13:00-14:30 NETWORKING LUNCH



14:30-15:30 SALON

Global Health Governance: What Policies Are Working and What Are Not

Christine Brown, WHO European Office for Investment in Health

Rosa Martínez Rodríguez, Secretary of State, Social Rights, Government of Spain

POLICY & GOVERNANCE: HEALTH & LIFE SCIENCES



16:00-16:50 PANEL

Policies for Work: Productivity, Demographics & Workforce Transitions

Barbara Falcomer, Executive Director, Valore D

Alberto Antonietti, Vice President, Assoconsult

Moderated by **Carola Salvato**, Co-founder & CEO Kea Connecta

POLICY & GOVERNANCE: WORK, EDUCATION & EQUITY



17:00-17:30 VISION TALK

Planetary Health Is Non-Negotiable: Taking Stock of Where We Are

Susana Muhamad, Former Ministry of Environment and Sustainable Development, Colombia

Presented by **Louisa Burwood-Taylor**, Head of Media & Research, AFN

POLICY & GOVERNANCE: PLANETARY HEALTH



17:30-18:30 PANEL

Unlocking AI Potential: Prosperity for People and Planet

Vincenzo Giorgio, CEO, Altec Space

Manuele Monti, CEO, TechBricks

Davide Parisi, CEO, Evja

Luca Foresti, CEO, NiuLinks (TBC)

TECHNOLOGY, DATA & AI

PROSPERITY

BACK



12:00-12:50
TALK

Retail & Consumer Health Markets: State of Play

Luigi Caterino, CEO, The Longevity Suite, Italy

Massimo Pietracaprina, CEO, MD Concierge, Italy

Manon Littek, Managing Partner, Green Generation Fund, Germany

Presented by **Roberta Farinola**, CEO, Weintelligence

RETAIL & CONSUMER ACCESS



13:00-14:30
NETWORKING LUNCH



14:30-15:30
PANEL

Supply Chains & Market Shifts in Food & Agriculture

Shirley Shahar, CEO, DesertTech Ventures

Manon Littek, Managing Partner, Green Generation Fund

Simona Caselli, Presidente, Granlatte

Moderated by **Johan Jörgensen**, Partner, Sweden FoodTech

AGRICULTURE, FOOD & NUTRITION



15:30-16:00
CURATED CHAT

Energy for Health: Markets, Infrastructure & the Climate Dividend

Cristina Tommasini, Senior Advisor, Finegreen

Simona Alberini, Country Holding Officer, ABB (TBC)

Moderated by **Flavia Zallocco**, CPO, Green Future Project

PLANETARY HEALTH



16:00-16:20
CURATED CHAT

State of Bioeconomy & Circular Markets

Eric Ezechieli, Co founder & CEO, Nativa

Moderated by **Christine Gould**, CEO, GIGA

BIOECONOMY & CIRCULARITY



16:00-16:50
SALON

Where Is Life Sciences Heading? Biotech, Pharma and the Next Frontier

Sergio Dompé, CEO, Dompé Farmaceutici

Peter Kash, General Partner, Chairman, Camelot Biocapital

Renee Deehan, CIO and CSO, Inside Tracker

Moderated by **Christine Gould**, CEO, GIGA

HEALTH & LIFE SCIENCES

V
I
T
A
L
I
T
Y



12:00-12:50
PANEL

The New Architecture of Value: Rethinking Work for Longer Lives

Valeria Bonilauri, Board Member, Consorzio Elis

Antonio Addeo, President, Aran

Simone Pizzoglio, Vice President, Manager Italia

Moderated by **Annachiara Annino**, Partner, Lattanzio KIBS

WORK, EDUCATION & EQUITY



13:00-14:30
NETWORKING LUNCH



14:30-15:30
PANEL

Investing in Cultural Capital: Creating Long-Term Value for One Health

Luca Tesauro, CEO, Giffoni Innovation Hub

Nicola Formichella, CEO Forbes Italia

Moderated by **Michela D'Onofrio**, CEO, eArs

MEDIA, CULTURE & LEISURE



15:30-16:00
VISION TALK

The Missing System: Why Longevity Begins Inside

Joshua Freedman, Founder & CEO, Six Seconds

Presented by **Louisa Burwood -Taylor**, COO, Agfunder

MENTAL HEALTH & WELLBEING



16:15 - 17:15
PANEL

The Consumer Shift in Wellness & Nutrition: Trust, Choice & Misinformation

Daniela Cerrato, CMO, Mondadori Group

Luca Travaglini, Co-CEO, Planet Farms

Tine Hertz, CEO, One Thirty Labs

Nestlé, name TBA

CONSUMER INNOVATION & WELLNESS



17:30-18:30
PANEL

Reimagining Universities in an Age of Rapid Change

Flavia D'Amelio, Vita - Salute San Raffaele University

Elio Franzini, University of Milan Statale

Giovanna Iannantuoni, Bicocca University of Milan

WORK, EDUCATION & EQUITY

H
U

M

A

N

I

T

Y





10:30 - 13:00
KEYNOTE & PANEL

Longevity and Demographics: Rethinking Ageing Societies

Chaired by **Francesco Billari**, Bocconi University - Milan, Italy

Keynote by **Jay Olshansky** – University of Illinois - Chicago, USA

Life extension in the XI century

Jennifer Beam Dowd – University of Oxford, UK

Progress stalled? The uncertain future of life Expectancy in high-income countries

Diego Ramiro Farinas – Spanish National Research Council - Madrid, Spain

Sociodemographic and health inequalities and their effect on life expectancy

Daniele Vignoli – University of Florence, Italy

Positive demography: reframing the debate on population ageing

Panel discussion

Keynote by **Pierre Magistretti**, King Abdullah University of Science and Technology

(KAUST) - Saudi Arabia

Brain Health and Aging: A key role of glial cells and neuroenergetics

SCIENCE & RESEARCH



13:00-14:30
NETWORKING LUNCH



14:30-18:30
PANEL

Measuring Ageing: Biomarkers, Clocks, And Predictive Tools

Chaired by **Claudio Franceschi**, Professor Emeritus of Immunology, University of Bologna

Claudio Franceschi, University of Bologna

Age clocks: state of the art

Steve Horvath, Principal Investigator, University of California Los Angeles

From clocks to care: epigenetics in precision medicine

David Furman, Director, Stanford 1000 Immunomes Project, Buck Institute

Epigenetic clock of intrinsic capacity

Roland Eils, Founding Director, Center of Digital Health at Berlin Institute of Health at Charité

AI for longevity: Predicting ageing related outcomes in population scale cohorts

Davide Cacchiarelli, Group Leader, Institute Telethon of Genetics and Medicine-TIGEM

Population genomic screening: intercepting tumors and cardiovascular diseases before symptoms

Austin Argentieri, Researcher, Broad Institute

Developing robust aging biomarkers via proteomics and genomics: perspectives from large human studies

Emanuele Di Angelantonio, Head of Health Data Science Centre, Human Technopole

Cardiovascular risk prediction algorithms

Paolo Garagnani, Associate Professor, University of Bologna

Natural selection signatures of semi-supercentenarians genomes reconcile hallmark pathways of preclinical models of aging with human longevity

Panel discussion

Keynote by **Andrea Maier**, Professor of Geroscience, National University of Singapore-NUS

Digital biomarkers of aging

SCIENCE & RESEARCH

LONGEVITY





21 MAY

Redesigning Systems & Governance



Allianz MiCo

P
R
O
S
P
E
R
I
T
Y



9:30 - 10:50

PANEL

Health Systems at a Crossroads: Redesigning for Healthier Societies

Yongjie Yon, Technical Officer, Ageing & Health, WHO-Europe

Rosanna Tarricone, Associate Dean, SDA Bocconi

Italian Ministry of Health, name TBA

POLICY & GOVERNANCE: HEALTH, AGEING, ONE HEALTH



11:00-11:45

PANEL

Policies for Sustainable and Inclusive Societies

Angeli Patel, Executive Director, Berkeley Center for Law and Business

Arnstein Aassve, FutuRes, Bocconi

Fabrizio Natale, Project leader, JRC

Giuseppe Reale, Presidente e condirettore generale, Fondazione Rebecca

Mariuccia Rossini, Presidente, AGESPI

ONE HEALTH



12:00-13:00

FIRESIDE CHAT POWERED BY FINECO

From Financial Advisory to Life Planning: A Necessary Evolution

Fabio Melisso, CEO, Fineco Asset Management

Giuseppe Turchetti, Professor of Economics, University of Pisa

Powered by *Fineco*

ECONOMY, FINANCE & INVESTMENTS



13:00-14:30

NETWORKING LUNCH



14:30-15:15

FIRESIDE CHAT

Financing the Planet: Capital, Regeneration & Real-World Transition

Daniela Ibarra Howell, Presidente e Amministratore Delegato, Savory Foundation

Moderated by **Sharon Cittone**, CEO, Edible Planet Ventures

ECONOMY, FINANCE & INVESTMENTS: ONE HEALTH



15:30-16:30

PANEL

Policy & Governance for Food System Transition: Aligning Health, Climate & Markets

Francesca Gallelli, Food Systems Policy Officer, World Federation for Animals

Martin W. Bloem, Department of Environmental Health and Engineering, Johns Hopkins

Bloomberg School of Public Health

Dan Kittredge, Founder & Executive Director, Bionutrient Institute

Johan Swinnen, Director General, International Food Policy Research Institute

Moderated by: **Christine Gould**, Founder & CEO, GIGA Futures

POLICY & GOVERNANCE: AGRICULTURE, FOOD & NUTRITION



16:30-17:30

VISION/SALON

Redesigning Urban Ecosystems: Health, Resilience & Liveability

Kira Fortune, Regional Adviser, Healthy Cities, Health Promotion and Well-being, WHO

Regional Office for Europe

Emanuel Conte, Deputy Mayor for Budget, State Property and Housing, Municipality of

Milan

Federico Serra, President, Health City Institute

INFRASTRUCTURE & CITIES



17:30-18:30

PANEL

Public-Private Capital and Systemic Infrastructure: The Incentive Gap

Marco Alverà, Co-founder & CEO, Zhero

Luciano Balbo, Founder & Chairman, Oltre Impact

Paolo Pio, Co-founder & Managing Director, Exceptional Ventures

Omar Bertoni, CEO, LifeGate Way

ECONOMY, FINANCE & INVESTMENTS

BACK



9:30-10:15
PANEL

Retail for the Century-Long Life: Rethinking the Consumer Journey

Luigi Riva, President, Assoconsult
Viktorija Savitska, CGAO, Epicentr Group of Companies
Antonio Sciuto, Founder & CEO, ELAI
Claudia Parzani, Co Founder, A-Life
 Moderated by **Ryslaine Moulay**, Innovation Director, Maize
 RETAIL & CONSUMER ACCESS



10:30-11:30
PANEL

Food as Medicine: Precision Nutrition, Business Models & Access

Bodil Sidén, General Partner, Kost Capital
Nélida Leiva Eriksson, CEO & Founder, Ironic Biotech
Florian Müller, Managing Director, Colostrum BioTec
Christian Pichler, Managing Partner, GERBER-RAUTH
 Moderated by **Antonio Iannone**, Founder & CEO, The FoodCons
 AGRICULTURE, FOOD & NUTRITION



11:45-12:45
PANEL

Designing Healthier Products: From Molecule to Market

Lorenzo Wittum, VP Global, Vaccine & Immune Therapies, AstraZeneca
Colby Kash, CEO & Co-founder, Camelot BioCapital
Asaph Aharoni, Head of Plant and Environmental Sciences, Weizmann Institute
Carlo Bonadonna, CEO & Founder, ReadEasy.ai
 Moderated by **Ludovico Baldassin**, CEO Jakal
 BIOECONOMY & CIRCULARITY



13:00-14:30
NETWORKING LUNCH



14:30-15:30
PANEL

Food as the Connective Tissue: Breaking Down Silos Across Sectors

Anja Leissner, Founder & CEO, Spring
Louisa Burwood-Taylor, Head of Media & Research, AgFunder
Dan Kittredge, Executive Director, Bionutrient Institute
 Moderated by **Beatriz Jacoste**, CEO KMZero Food Innovation Hub
 AGRICULTURE, FOOD & NUTRITION



15:30-16:30
PANEL

Inclusive Innovation: Designing for Access, Not Elites

Anna Zò, Operations Manager, Music Innovation Hub
Elena Massucco, Program Manager, Startupbootcamp
David Bassani, Investment Director, Maia Ventures
Giuseppe Andreoni, Professor at Politecnico di Milano, CEO of Capsula
Asier Alea, Director, Basque Culinary Center
 CONSUMER INNOVATION & WELLNESS



16:30-17:30
MULTI VISION TALK/ CONVERSATION

AI in Practice: Decision-Making, Prediction and the One Health Promise

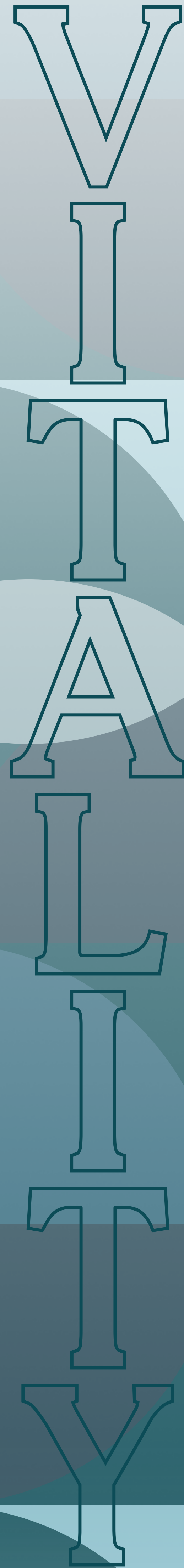
Lorenzo Fariselli, Managing Director Europe, Six Seconds
Ava Esh, Founder & CEO, Mirae Code Labs
Ivan Orteni, Chief Innovation Evangelist, BIP
Giuseppe Mayer, CEO, Talent Garden
 Presented by **Christine Gould**, CEO, GIGA
 TECHNOLOGY, DATA & AI



17:30-18:30
CONVERSATION

Beyond the Self: Rethinking Time, Death and Legacy

Tommaso Barba, Centre for Psychedelic Research, Imperial College London
Thomas Winkelmann, Co-founder, A Hundred Years
 Moderated by **Christine Gould**, CEO, GIGA
 MENTAL HEALTH





9:45-10:50
VISION TALK/PANEL

Cities as Health Systems: Designing for All Life Stages

Vision Talk: **Carlo Ratti**, Director, MIT Senseable City Lab & Founder, Carlo Ratti Associati

Federica Alberti, Director, Wellness Foundation

Lamberto Bertolé, Deputy Mayor for Welfare and Health, Municipality of Milan

Claudio Garbellini, General Manager, SOL Group

Elisabetta Pizzini, Country Leader, The Flow

Moderated by **Carmen Chamarro**, International Correspondent and Journalist
INFRASTRUCTURE & CITIES



11:00-12:00
PANEL

Cities and Longevity, a Pact For The Future

Alessia Canfarini, Head of Center of Excellence Human Capital, BIP

Giacomo Biraghi, President, Stratosferica

Marcello Coppa, Co Founder, Feel

Alessandro Giaume, Senior Advisor, Feel

INFRASTRUCTURE & CITIES



12:00-13:00
VISION TALK/ DISCUSSION

Future-Ready Youth: Moving from Proven Practice to Systemic Impact

Stephen Ritz, Founder, Green Bronx Machine

Morgane Kendregan, Executive Director, Timegivers

Moderated by **Christine Gould**, CEO, GIGA

WORK, EDUCATION & EQUITY



13:00-14:30
NETWORKING LUNCH



14:30 - 15:30
VISION & PANEL

The Architecture of Feeling: Designers, Artists and the Spaces That Shape Emotion

Vision talk: **Duyi Han**, Founder & Creative Director, Duyi Han Atelier

Moderated by **Cristina Nisivoccia**, Founder & Principal Architect, Cristina Nisivoccia Architecture & Design

MENTAL HEALTH & WELLBEING



15:30-16:30
WORKSHOP

The Power of Pause: Attention, Presence & Human Performance

Tarun Galagali, Founder, Mandala

MENTAL HEALTH & WELLBEING



16:30-17:00
FIRESIDE CHAT

Culture as Infrastructure: Narratives That Shape Systems

Sara Maino Sozzani, Creative Director, Sozzani Foundation

Moderated by **Christine Gould**, CEO, GIGA

MEDIA, CULTURE & LEISURE



17:00-18:00
PANEL

The New Workforce Equation: Generations, Gender and the Future of Work

Patrizia Brognoli, Head of Sustainability, Decathlon Italy

Paola Gerbaudo, Consumer Marketing Lead, Philips

Camilla Buttà, Head of Sustainability, Vector

Ruggero Rabaglia, Chief Human Resources Officer, Barilla Group

Dalila D'Ingeo, Cultural Anthropologist & Researcher, Valore D

WORK, EDUCATION & EQUITY

H
U

M

A

N

I

T

Y



9:30 - 13:30
KEYNOTE & PANEL

Decoding The Biology Of Ageing

Chaired by **Guido Kroemer**

Keynote: **Guido Kroemer**, Professor; Director INSERM team, Gustave Roussy Comprehensive Cancer Center

New facets of aging

Rosario Rizzuto, Full Professor of General Pathology, University of Padua

Mitochondria and longevity

Daniel Andergassen, Group Leader, Technical University of Munich

Stability of the inactive X chromosome across the lifespan and its implications for sex-biased disease

Fabrizio d'Adda di Fagagna, Senior Scientist, IFOM, the AIRC Institute of Molecular Oncology, IGM-CNR

Telomere biology in aging and disease

Angelo Poletti, Full Professor, University of Milan

Autophagy as a defense mechanism against proteotoxicity in motor neuron disease

Marco Sandri, Full Professor of Cell Biology, University of Padua

Autophagy regulation by the gene Mytho

Valerio Orlando, Professor of Bioscience, King Abdullah University of Science and Technology KAUST

New but old RNAs at the crossroad between healthspan, aging and disease

Weixu Wang, Researcher, Helmholtz Center, Munich

Transcriptome-based human universal senescence index

Andrea Cossarizza, Full Professor of Pathology, University of Modena and Reggio Emilia

Markers of immune senescence

Keynote by **Uri Alon**, Professor of Molecular Cell Biology; Director Sagol Institute for Longevity Research, Weizmann Institute of Science

Heritability of lifespan is higher than we thought

Panel discussion

SCIENCE & RESEARCH



13:00-14:30
NETWORKING LUNCH



14:30-16:15
PANEL

Brain Health And Ageing: From Risk To Resilience

Chaired by **Daniela Perani**, Vita-Salute San Raffaele University

Co-Chaired by **Massimo Filippi**, Vita-Salute San Raffaele University

Giovanni Frisoni, Professor of Neuroscience; Director Geneva Memory Center, University of Geneva

Cognitive trajectories in healthy and pathological aging

Gael Chetelat, Research Director, INSERM, Caen

Optimizing brain aging: reducing risk, strengthening resilience

Emrah Duezel, Professor of Cognitive Neurology, Otto-von-Guericke University

Alzheimer's detection in individuals who feel healthy

Stefano Cappa, Professor of Neurology, IRCCS Istituto Auxologico Italiano

The multiple facets of memory decline

Federica Agosta, Associate Professor, Vita-Salute San Raffaele University

SCIENCE & RESEARCH



16:15-18:00
PANEL

The Immune System Across the Lifespan: Decline, Adaptation, And Longevity

Chaired by **Alberto Beretta**, Scientific Director, SoLongevity Foundation

Sunil Ahuja, Professor of Medicine, University of Texas at San Antonio

Immune resilience as a key driver of healthspan

Gordan Lauc, Professor of Biochemistry University of Zagreb, CEO Glycanage

Glycan biomarkers as a tool to monitor and improve resilience

Mario Clerici, Full Professor of Immunology, University of Milan

Aging of the immune system and sarcopenia

Alejandro Lucia, Professor, European University of Madrid

Physical exercise and anti-cancer immunity

Alessio Lanna, Group Leader, University College London

Unprecedented systemic rejuvenation by the immune system

SCIENCE & RESEARCH

LONGEVITY

STAGE A

BACK



9:30 - 11:00
PANEL

Metabolic Therapies And Longevity: Beyond Disease Management

Chaired by **Paolo Fiorina**, Full Professor; Director International Center for T1D, University of Milan

Co-Chair: **Maria Pia Abbraccio**, Professor of Precision Pharmacology, University of Milan

Roberto Trevisan, Professor of Endocrinology, Bicocca University
Sgt2 inhibitors

Angelo Avogaro, Full Professor of Endocrinology, University of Padua
GLP-1 R agonists

Francesco Giorgino, Full Professor of Endocrinology, University of Bari
Dual GLP-1R/GIP-R agonists

Giuseppe Musumeci, Director of Cardiology, Ordine Mauriziano Hospital
Cardiovascular outcomes

Paolo Fiorina, University of Milan

Anti-inflammatory effects of GLP-1R agonists

Summing up: Paolo Fiorina & Maria Pia Abbraccio

SCIENCE & RESEARCH



13:00-14:30
NETWORKING LUNCH



14:30 - 16:30
PANEL

Cardiopulmonary Health: A Lifespan Perspective

Chaired by **Stefano Carugo**, University of Milan

Peter Lansberg, Researcher, University Medical Center
Early detection of genetically determined cardiovascular risk

Ivan Pećin, Associate Professor, University of Zagreb
Dyslipidemias and longevity

Arrigo Cicero, Associate Professor; President SINut, University of Bologna
Emerging cardiovascular risk factors impacting on longevity

Francesco Blasi, Full Professor of Respiratory Medicine, University of Milan
The aging lung: microenvironment, mechanisms, and diseases

SCIENCE & RESEARCH



16:30-18:00
PANEL

Skin Ageing: Biology, Biomarkers And Innovations

Chaired by **Giovanni Pellacani**, University La Sapienza

Stefania Guida, Researcher, Vita-Salute San Raffaele University
Genetic markers of skin aging

David Furman, Director, Stanford 1000 Immunomes Project, Buck Institute for Research on Aging
Epigenetic markers of skin aging

Iria Medrano Martinez, Researcher, University Carlos III de Madrid
Towards constructing a physiologically stratified skin model for deciphering aging and rejuvenation

Roberto Sitia, Professor of Molecular Biology, Vita - Salute San Raffaele University
Biology of aquaporins

SCIENCE & RESEARCH

L
O
N
G
E
V
I
T
Y
STAGE B



22

MAY

Scaling & Infrastructure



Allianz MiCo

PROSPECTIVITY



10:00 - 11:00
VISION/PANEL

Financing Planetary Health at Scale

Vision Talk: **Pierluigi Sassi**, President, Earth Day Italy

Alessandra Gelera, President, Cluster ALISEI

Gloria Rita Bertoli, TBA, CNR

Viktorii Savitska, CGAO, Epicentr Group of Companies

Johan Jörgensen, Partner, Sweden Foodtech

ECONOMY, FINANCE & INVESTMENTS: PLANETARY HEALTH



11:00-12:00
PANEL

Who Is Funding the Circular Transition and Is It Enough?

Byron Peasland, COO, Green Future Project

Nicola Tagliaferro, Global Sustainability Director di Enel X, Direttore Scientifico EIS

Bart Van Hooland, Managing Partner, THIA Ventures

Moderated by **Beatriz Jacoste**, CEO, KMZero

ECONOMY, FINANCE & INVESTMENTS: BIOECONOMY & CIRCULARITY



12:00-13:00
PANEL

Capital for Deep Tech: Investing in Systems Innovation

Diana Saraceni, Co-Founder & Managing Partner, Panakès Partners

Sergio Strozzi, Diplomat, Ministry of Foreign Affairs and International Cooperation

Peter Kruger, Managing Partner, Big Idea Ventures

Alessandro Lattuada, Managing Director, Italian Angels for Growth

ECONOMY, FINANCE & INVESTMENTS: TECHNOLOGY, DATA & AI



13:00-14:30
NETWORKING LUNCH



14:30-15:15
VISION TALK/FIRESIDE CHAT

Foresight for Systemic Resilience: Reimagining Our Collective Future

Sally Uren, Chief Executive, Forum for the Future

Presented by **Christine Gould**, CEO, GIGA

ONE HEALTH



16:30-17:30
VISION TALK/PANEL

Policy for Intergenerational Cohesion: Health, Equity & Social Contracts

Valerie Schena Ehrenberger, Vice President, Assoconsult & President, ECSSA

Silvia Pugi, Board Member & Deputy Secretary General, CEC European Managers

Monica Nolo, Vice President, Manageritalia

POLICY & GOVERNANCE: WORK, EDUCATION & EQUITY



17:30-18:30
PANEL

Organizational Longevity: Building the Future

Marco Ballaré, President, Manageritalia

Massimo Fiaschi, General Secretary, Manageritalia

Stefano Castrignanò, Director, Italian Welfare

Antonio Bonardo, Chief Public Affairs Officer, Gi Group & President, World

Employment Confederation, Europe

POLICY & GOVERNANCE: WORK, EDUCATION & EQUITY



10:00-11:00
PANEL

Infrastructure for Interoperability: Building Digital Backbones for One Health Systems

Gaia Bradicich, Managing Director Strategy and Operations EMEA, Cisco

Massimo Chiriatti, Chief Technology & Innovation Officer, Lenovo

Marco Santucci, Managing Director, Geely Italy

Moderated by **Christine Gould**, CEO, GIGA

TECHNOLOGY, DATA & AI



11:00-12:00
PANEL

Regenerative Agriculture at Scale: Business Models and Market Reality

Dan Kittredge, Founder & Executive Director, Bionutrient Institute

Christine Gould, Venture Partner, GIGA

Erin Grover, Digital Asset Investment Strategy, Triple Eight Capital

Hirander Misra, Chairman & CEO, GMEX Group and ZERO13

AGRICULTURE, FOOD & NUTRITION



12:00-13:00
PANEL

Foods and Ingredients of Tomorrow

Ali Morrow, Partner, Clay Capital

Nadav Berger, Founding Partner, PeakBridge

Christina Senn Jacobsen, CEO, Swiss Food and Nutrition Valley

Ninna Granucci, Co-Founder & CEO, Green Spot Technologies

AGRICULTURE, FOOD & NUTRITION



13:00-14:30
NETWORKING LUNCH



14:30-15:30
VISION TALK

Durability by Design: The Future of Sustainable Fashion

Marina Spadafora, Professor and Coordinator, Istituto Europeo di Design IED

Caterina Occhio, Sustainability & Social Innovation Advisor

Matteo Ward, CEO & Co-Founder, Inside Out Fashion

Hakan Karaosman, Associate Professor, Politecnico di Milano

BIOECONOMY & CIRCULARITY



15:30-16:30
VISION TALK

People-Powered Circularity: Behavior, Story & Scale

Nicola Tagliaferro, Global Sustainability Director di Enel X, Direttore Scientifico EIS

Jacopo Mele, Co-Founder, Moonstone

Jessica Sagratella, Copywriter & Content Strategist

Paolo Dello Vicario, CEO, Datrix

BIOECONOMY & CIRCULARITY



16:30-17:30
VISION TALK

From Code to Cure: AI's Expanding Role in Life Sciences

Marco Ali, Head of AI and Lifestyle Medicine, Centro Diagnostico Italiano

Dr. Harvey Castro, CIO, Phantom Space

Dani Bach, Managing Partner, Limani Partners SA

Daniele Pili, CEO & Co-founder, React

HEALTH & LIFE SCIENCES



17:30-18:30
VISION TALK

Platforms for Prevention: Subscriptions, Nudges & Data

Alessandro Ferri, Board Member, Advice Pharma

Martina Pace, COO, Peakbridge

Affi Parvizi-Wayne, Founder & CEO, Freda Health

Sophia Parvizi Wayne, Founder & CEO, The Quarter

CONSUMER INNOVATION & WELLNESS

V
I
T
A
L
I
T
Y

[BACK](#)



10:00-10:45

PANEL**The Exposome Project****G r me Guiot**, Director of Special Projects, LVMH**Tina Woods**, Founder & CEO, Collider Health**Nic Palmarini**, Director, UK National Innovation Centre for Ageing**David Furman**, Associate Professor, Buck Institute for Research on Aging, Stanford

MEDIA, CULTURE & LEISURE



10:45-11:30

PANEL**Work & Burnout: Redesigning Organizational Resilience****Chiara Bacilleri**, Head of Psychology & Research, Mindwork**Francesco Finazzi**, CEO & Co-founder, Myndoor**Tiziana Mele**, Managing Director, Lundbeck ItalyModerated by **Carola Salvato**, Founder & CEO Kea Connecta

WORK, EDUCATION & EQUITY



11:30-12:15

FIRESIDE CHAT**Wellness Tourism & Regenerative Travel****Jean-Yves Minet**, Global Brand President, AccorModerated by **Louisa Burwood Taylor**, CCO, AgFunder

MEDIA, CULTURE & LEISURE



12:15 - 13:15

VISION TALK**The Science of Self-Care: From Hype to Health****Roberta Crialesi**, Head of the Integrated System for Health, Social Assistance, and Social Security Division, ISTAT**Annabella Amatulli**, Regional Chair Southern Europe, Healthcare Businesswomen's Association HBA**Alessandro Portolan**, Scientific Knowledge Director, Unifarco

CONSUMER INNOVATION & WELLNESS



13:15-14:30

NETWORKING LUNCH

14:30-15:30

PANEL**The Loneliness Epidemic: Belonging, Community and Mental Health in the Digital World****Ulrike Dobelstein-L tthe**, Managing Director, F rstenberg Foundation**Maddalena Illario**, Chair, Reference Site Collaborative Network RSCN**Tiziana Mele**, Managing Director, Lundbeck Italy**Giorgio Secli**, Founder and leader, Offline Club Milan

MENTAL HEALTH & WELLBEING



15:30-16:15

CURATED CHAT**Adama Sanneh**, Co founder & CEO, Moleskine FoundationModerated by **Sharon Cittone**, CEO, Milan Longevity Summit

MEDIA, CULTURE & LEISURE



16:30-17:30

PANEL**The VOICE of Longevity: Awareness, Language, and Relationships in the One Health Era**Chaired by **Carola Salvato**, Founder & CEO, Kea Connecta**Giuseppe Reale**, President and Co Managing Director, Fondazione Rebecca**Stefano Simontacchi**, President of BonelliErede and President Fondazione Buzzi**Prof. Guendalina Graffigna**, Director, EngageMinds Hub - Consumer, Food & Health Engagement Research Center, Catholic University of the Sacred Heart**Prof. Sonia Melchiorre**, President of CUG UNITUS and Associate Professor University of Tuscia**Henk Barendregt**, Emeritus Professor Foundations of mathematics and computer science Radboud University, Nijmegen

MEDIA, CULTURE & LEISURE



17:30-18:30

PANEL**Platforms for Learning & Purpose Across the Lifespan****Giuseppe Mayer**, CEO, Talent Garden**Sabina Belli**, CEO, Pomellato Group**Cetti Galante**, CEO, INTOOModerated by: **Alessandra Bichi**, Milan Longevity Summit

WORK, EDUCATION & EQUITY

H
U

M

A

N

I

T

V
Y**BACK**



9:30 - 12:45
PANEL

iPSCS IN Ageing And Disease: From Models To Molecule

Chaired by **Vittorio Sebastiano**, Associate Professor at Stanford University

Co-Chair: **Tiziana Borsello**, Associate Professor, University of Milan

Keynote: **Thomas Südhof**, Professor and Nobel Laureate, Stanford University

How to use iPSCs to model aging, diseases, and neural plasticity

Mark Kotter, Associate Professor, University of Cambridge

Age clocks today

Rusty Gage, Professor, Salk Institute for Biological Studies

Aging of neurons and iPSC derived neurons/transdifferentiation

Hiro Nakauchi, Professor, Stanford University

Organs from hiPSCs

Gianvito Martino, Professor, Vita-Salute San Raffaele University

Neuronal stem cells in neurodegenerative disorders

SCIENCE & RESEARCH



13:00-14:30
NETWORKING LUNCH



14:00-16:00
PANEL

Targeting Ageing: Emerging Therapeutic Strategies

Chaired by **Maria Pia Abbracchio**, Professor, University of Milan

Maria Pia Abbracchio, Professor, University of Milan

Drug repurposing today

Rossella Nappi, Professor, University of Pavia

Hormonal replacement therapies in women

Marco Quarta, CEO & Co-Founder, Rubedo Lifesciences

Senolitics: an update

Paola Panina, Professor, Vita-Salute San Raffaele University

Pipeline-driven identification of drug candidate for neuroprotection

Maddalena Adorno, CEO & Co-Founder, Dorian Therapeutics

Modulation of an epigenetic regulator for the treatment of age-related diseases

SCIENCE & RESEARCH



16:30-18:00
PANEL

Building Europe's Biomedical Research Infrastructure

Chaired by **Maria Pia Abbracchio**, Professor, University of Milan

Co-Chairs: **Massimo Florio**, Professor, University of Milan, Italy, **Adriana Maggi**, Professor, University of Milan

Els Torreele, Steering Committee Member, Public Pharma for Europe Coalition

Giuseppe Remuzzi, Director, Mario Negri Institute for Pharmacological Research

Jacques Demotes, Director General, European Clinical Research Infrastructure Network

Massimo Florio, Professor, University of Milan

Summing Up: **Adriana Maggi**, Professor, University of Milan, **Massimo Florio**,

Professor, University of Milan

SCIENCE & RESEARCH

L
O
N
G
E
V
I
T
Y

STAGE A





11:00 - 12:00
PANEL

Exercise And Longevity: Optimizing Health Across The Lifespan

Chair: **Francesco Landi**, Professor, Gemelli University Hospital

Silvano Zanuso, Director of Medical Strategy and Research, Wellness Foundation and Edith Cowan University

Marginal Gains Vs Longevity Pillars

Riccardo Calvani, Researcher, Catholic University of the Sacred Heart

Sarcopenia and healthy aging: capturing what counts in muscle failure

Matteo Tosato, Medical Director, Gemelli University Hospital

Emerging targets for treatment of sarcopenia

SCIENCE & RESEARCH



13:00-14:30
NETWORKING LUNCH



13:45-15:45
PANEL

Regenerative Medicine: Translating Science Into Care

Chair: **Eugenio Caradonna**, President, Centro Diagnostico Italiano

Giulio Pompilio, Scientific Director, Monzino Cardiology Institute

Human iPSC-derived cardiac stromal cells cardiac-derived mesenchymal cells for unmet cardiovascular needs

Laura Mangiavini, Associate Professor, IRCCS Galeazzi

Mesenchymal stem cells in knee osteoarthritis

Fulvio Ferrara, Director of Laboratory Medicine, IRCCS Auxologico

Blood markers of stem cells exhaustion

Andrea Cusano, Professor, University of Sannio

Photobiomodulation: mechanisms, targets and therapeutic synergies

Giorgio Calori, Professor, Columbus Clinical Institute

Treatment algorithm: tailoring the approach to the patient at risk in orthotraumatology

Carlo Tremolada, Plastic Surgeon & Founder, Image Regenerative Clinic

Microfragmented human fat tissue for large scale production

SCIENCE & RESEARCH



15:45-16:45
PANEL

The Gender Gap In Longevity: Science, Society And The Future Of Health

Chair: **Antonella Santucci Chadha**, CEO, Women's Brain Foundation

Anna Erat, Physician and Longevity Expert, Hirslanden Clinic

Lars Hartenstein, Partner, McKinsey & Company

Roberta Gualtierotti, Associate Professor, University of Milan

Jan Schadrack, Global Development Leader, Roche

Letizia Mencarini, Professor, Bocconi University

Diana Saraceni, Co-Founder & General Partner, Panakès Partners

SCIENCE & RESEARCH



16:45-19:00
PANEL

Emerging Technologies Shaping Longevity

Chair: **Marta Fumagalli**, Associate Professor, University of Milan

Matteo Carboneschi, CEO & Founder, Personalife, Italy

Estrogens in menopause: from the genome to the metabolome

Livio Luzi, Professor, Multimedica and University of Milan

Neuromodulation to treat obesity and diabetes

Paolo Capodaglio, Professor, University of Milan and IRCCS Auxologico

New evidences in the clinical use of Whole-Body Cryostimulation

Ennio Tasciotti, Professor & Director, IRCCS San Raffaele

Biomimetic nanomaterials to guide body healing

Dora Lalic, Clinical Scientist, Glycanage

Glycans as biomarkers for personalized health tracking

Lucy Costantino, Geneticist, Centro Diagnostico Italiano CDI

Epigenetic Regulation of Aging

Valeria Ricotti, Co-Founder & CMO, Vesalic Ltd

Redefining ALS and neurodegenerative diseases: from system biology to transformative therapeutics

Elisabetta Burchi, Medical Director, Parasym Ltd

Autonomic regulation through a neuromodulatory approach to improve overall resilience

Andrea Castagnetti, CEO & Co-Founder, Wellmicro

Artificial intelligence and the microbiome: emerging frontiers in longevity medicine

SCIENCE & RESEARCH

LONGEVITY

STAGE B



23

MAY

Futures & Cultural Adoption



Allianz MiCo



10:30 - 11:00

The Long View: Space, Data & the Next Chapter of Human Health

11:00 - 15:30

Youth Takeover

On the final day of the Milan Longevity Summit, the stage shifts.

Not as a symbolic gesture, but as a deliberate transition of voice, perspective, and responsibility.

Youth Takeover is where the next generation steps forward, not as future leaders, but as present system shapers. A space where young founders, researchers, creators, and changemakers bring forward new ways of thinking about health, society, and the planet. Not constrained by legacy models, but informed by urgency, creativity, and lived experience.

Across sessions, dialogues, and open exchanges, this is a moment to challenge assumptions, reframe priorities, and ask different questions:

What does it mean to design systems for a 100-year life?

What kind of world are we building, and who is it truly built for?

What are we not seeing because we are too close to the way things have always been done?

From food systems to mental health, from education to technology, Youth Takeover connects ideas with action, bridging generations in a conversation that is as much about listening as it is about leading.

**Because the future is not something to prepare them for.
It is something they are already building.**

15:30

Closing

Stay tuned for the full youth takeover program

P
R
O
S
S
P
E
R
I
T
Y



BACK

Brain Capital Event



Longevity by Design: Building Community-Based Brain Capital

9.00 – 9.45 Welcome and Introduction

Session Chairs:

Paola Zarin, Director of Scientific Research, Italian MS Society – Italian MS Foundation

Pawel Świeboda, Founder, NeuroCentury; Co-Founder, Brain Capital Alliance

9:45 – 11:00 Unlocking Impact: Policy Actions for Integrating Brain Health Innovation into Health Systems

Tarun Dua, Head of Brain Health, World Health Organisation

Miranda Wolpert, Director of Mental Health, Wellcome

Dana Burduja, Head of Life Sciences and Health, European Investment Bank

Adam Jarubas, Chair, Health Committee, European Parliament

11:00 – 11:30 Coffee break and Artistic Installations (PortrAlt exhibition)



11:30 – 12:45 Citizens, Patients and Communities as Co-Creators of the Prevention and Longevity Agenda.

Ira Haraldsen, Lead, Cognitive Health Research Group, Oslo University Hospital

Mia Kivipelto, Research Director, Karolinska Institutet; Managing Director, Theme Aging, Karolinska University Hospital

Allison Sekuler, Chair in Cognitive Neuroscience and Vice-President for Research at Baycrest Health Sciences

Gill Livingston, Professor of Psychiatry of Older People, UCL; Chair, Lancet Commission on Dementia Prevention



12:45 – 13:15 Conclusions: Towards a Global Declaration on Brain Capital and Longevity



13:15-14:30 NETWORKING LUNCH

H
U
M
A
N
I
T
Y





9:30 - 12:00
PANEL

Nutrition And Nutraceuticals For Healthy Aging

Chaired by **Hellas Cena**, Professor, University of Pavia

Co-Chair: **Paola Minghetti**, Professor, University of Milan

Hans Konrad Biesalski, Professor, University of Hohenheim

Is longevity part of human evolution?

Maria Rescigno, Professor, Humanitas University and IRCCS Humanitas

Intestinal barrier permeability, the microbiota and aging

Michele Carruba, Professor, University of Milan

Amino acids and adaptive thermogenesis

Patrizia Riso, Professor, University of Milan

Animal versus plant proteins

Pier Giorgio Natali, Scientific Coordinator, Mediterranean Task Force for Cancer Control

Biofortified functional foods in chronic diseases of aging

Johanna Gorol, Researcher, Frankfurt Cancer Institute

Enhancing immune cell health through urolithin A-induced mitophagy

Giovanni Fiorito, Researcher, IRCCS Gaslini

Caloric restriction and biological aging: mechanisms, reversibility and multi-omic insights

SCIENCE & RESEARCH



12:00-12:45
KEYNOTE

The Healthspan Revolution: How Ai And Predictive Diagnostics Can Prevent People From Becoming Patients

Keynote: **Camillo Ricordi**, Professor & Director, University of Miami Diabetes Research Institute

SCIENCE & RESEARCH



13:00-13:45
PANEL

Lessons From The World Of Longevity Science

Alberto Beretta, Scientific Director, SoLongevity

Filippo Ongaro, Founder & CEO, Ongaro Coaching

Emanuela Notari, Strategic Advisor & Founder, Longevity Economy

SCIENCE & RESEARCH



14:00-16:00
PANEL

Longevity Clinics: Global Models Of Preventive Medicine

Session 1 Chair: **Tina Woods**, CEO, International Institute of Longevity

William Capp, CEO, Fountain Life

Joanna Bensch, CEO & Founder, Longevity Center, Switzerland

Javier Ramirez, Founder, Longevity Ecosystem

Session 2 Chair: **Alessia Catania**, Neurologist, Besta Neurologic Institute

George Gaitanos, Chief Operating & Scientific Officer, Chenot Group

Alberto Cerasari, Co-Founder, SoLongevity

Massimo Gualerzi, Co-Founder & Scientific Director, The Longevity Suite

David Della Morte Canosci, Professor, University Hospital Policlinico Tor Vergata

SCIENCE & RESEARCH

LONGEVITY

STAGE A





9:30 - 11:00
PANEL

Longevity Begins Early: Shaping Lifelong Health

Chair: **Giuseppe Banderali**, Professor & Director, San Paolo and Carlo Hospitals

Monica Miozzo, Professor, University of Milan

Prenatal and natal tests: for better life outcome

Giuseppe Banderali, Professor & Director, San Paolo and Carlo Hospitals

Importance of pediatric epigenetic aspects: genes are not your destiny

Chiara Bertolaso, Pediatrician, San Paolo Hospital

How can pediatric global health impact longevity?

SCIENCE & RESEARCH



11:00-13:00
PANEL

The Rise Of Longevity Medicine: The Physician's Role

Chair: **Anna Erat**, Medical Director & Lecturer, University of St. Gallen

Filippo Ongaro, Founder & CEO, Ongaro Coaching

Nirusha Kumaran, Founder & Medical Director, Elemental Health

Mayoni Gooneratne, Founder, Human Health

Antonella Santucci Chadha, CEO, Women's Brain Foundation

SCIENCE & RESEARCH



13:00-14:30
NETWORKING LUNCH



14:00-16:00
VISION TALK/Q&A

Ai And The Future Of Longevity Science And Medicine

Chair: **Isabella Castiglioni**, Professor, Bicocca University

Co-Chair: **Maria Pia Abbracchio**, Professor, University of Milan

Ernesto Damiani, Professor, University of Milan

LLM (Large Language Model) stratification for therapeutic efficacy in age-related diseases

Mirella Mastretti, Founder, T4R Fondazione Triulza

Trusting AI with human longevity: beyond data, towards responsibility

Marco Ali, Head of Digital Health & AI, Italian Diagnostic Center CDI

Transforming longevity medicine through large language models

Keynote: **Simone Bianco**, Principal Investigator, Altos Labs

From molecules to virtual cells: the AI-driven future of longevity

SCIENCE & RESEARCH

V
I
A
L
I
Y

STAGE B

BACK



Thank
You